

## **ADI Lecture and Seminar Curriculum**

Seminars directed by the faculty of the American Daseinsanalytic Institute focus on topics relevant to the history, philosophical grounding, theory, and practice of daseinanalysis. Currently, four seminars are offered. The following course catalogue includes a bibliography of required readings for each seminar.

*The Zollikon Seminars* (2 hours)

*Readings in Daseinanalysis* (2 hours)

*Selected Topics* (90 minutes)

*Heidegger for Therapists* (1 hour)

The two-hour seminars are repeated on a rotating basis to accommodate the rolling admissions nature of the Institute. They are given regularly throughout the year on a bi-weekly basis, with short seasonal breaks, and are text-based. The 90-minute seminars consist of six sessions and are usually given once but may be repeated as required, depending on the topic. They are also text-based. The one-hour seminar is given bi-monthly, alternating with the two-hour seminar. It offers a forum for the discussion of key issues in daseinanalytic practice and also meets throughout the calendar year. Candidates are required to attend all seminars in order to successfully complete their individually tailored *program years* in which the four-phase preparation requirements are met, usually in six *calendar years*.

### **I. The Zollikon Seminars**

Therapeutic daseinanalysis took shape over the decade 1959-1969 in a series of seminars conducted by Martin Heidegger for residents in psychiatry being supervised by Medard Boss, in whose home the seminars took place. Edited by Boss, protocols of the seminars recorded by Boss and others and additional materials were published only in 1987, translated into English as Martin Heidegger, *Zollikon Seminars. Protocols-Conversations-Letters* in 2001. In 2018, a new edition of the seminars, edited by Peter Trawny, was published as Volume 89 of the Heidegger *Gesamtausgabe*. It contains extensive notes left behind by Heidegger which he had prepared for each seminar. The first iteration of the ADI seminar on the Zollikon seminars was based on the 1987 edition. Its second iteration will be based on the 2001 translation, supplemented by translations of selected notes from the 2018 German edition.

## **Bibliography**

Martin Heidegger, *Zollikon Seminars. Protocols-Conversations-Letters* (Medard Boss, ed.), Evanston: Northwestern University Press, 2001. The translation is based Martin Heidegger, *Zollikoner Seminare. Protokolle-Gespräche-Briefe* (Medard Boss, ed.) [1987], 2<sup>nd</sup> ed., Frankfurt: Klostermann, 1994

Martin Heidegger, *Zollikoner Seminare* (Peter Trawny, ed.), Frankfurt: Klostermann, 2018.

## **II. Readings in Daseinanalysis**

The seminar is text-based. It alternates with the seminar on the Zollikon seminars. In its first two iterations, the seminar has systematically worked through Miles Groth, *After Psychotherapy*, New York: ENI Books, 2016, and Miles Groth, *Why in the world not? An Introduction to Daseinanalysis*, London: Free Association Books, 2024. Planned subsequent iterations will be based on Medard Boss, *Existential Foundations of Medicine and Psychology* [1971], New York: Jason Aronson, 1979 (based on the 2<sup>nd</sup> exp. ed., 1975), Gion Condrau, *Martin Heidegger's Impact on Psychotherapy* [1998], 2<sup>nd</sup> rev. ed. (Miles Groth, ed.), London: Free Association Books, 2021, and Martin Heidegger, *Zollikoner Seminare*, Frankfurt: Klostermann, 2018.

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Martin Heidegger, *Zollikoner Seminare*, Frankfurt: Klostermann, 2018.

### III. Selected Topics

Seminars of six 90-minute meetings are offered on selected topics. They are repeated as necessary. To date the following seminars have been offered:

#### A. "Dreaming Life"

This seminar considers the background and practice of dream elucidation in daseinanalysis.

### Bibliography

Medard Boss, "The Psychopathology of Dreams in Schizophrenia and Organic Psychoses" [1938], in Manfred DeMartino (ed.), *Dream and Personality Dynamics*, Springfield: Charles Thomas, 1959, 156-175.

Medard Boss, *The Analysis of Dreams* [1953], New York: Philosophical Library, 1958.

Medard Boss, "*I dreamt last night . . .*": *A New Approach to the Revelations of Dreaming—and Its Uses in Psychotherapy* [1975], New York: Gardner Press, 1977.

Medard Boss, "Dreaming and the Dreamed in the Daseinsanalytic Way of Seeing" [1976], *Soundings* 60(3), 1977, 235-263.

Medard Boss, "What Does a Human Being Consist in When He Dreams, and Where Is He Then?" [1989], unpublished translation by Miles Groth of "Woraus besteht der Mensch, wenn er träumt, und wo ist er dann?," *Daseinsanalyse* 6(3), 1989, 149-160.

Medard Boss and Brian Kenny, "Phenomenological or Daseinsanalytic Approach [to Dreams]" [1978], in J. Fosshage and C. Loew (eds.), *Dream Interpretation. A Comparative Study*, New York: SP Scientific Books, 1978; rev. ed., New York: PMA Publishing Corporation, 1987, 149-189.

#### B. "Psychoanalysis and Daseinsanalysis"

This seminar is an in-depth examination of Medard Boss's first important book published in English translation.

### Bibliography

Medard Boss, *Psychoanalysis and Daseinsanalysis* [1959], New York: Basic Books, 1963.

Medard Boss, "Medard Boss on 'Encounter in Psychotherapy'" [1964], in *Daseinsanalyse* 37, 2021, 31-48 (translation by Miles Groth).

Proposed seminars include the following:

*C. "The Daseinanalytic Situation"*

This seminar will look closely at the phenomenology of the use of the couch in daseinanalysis, the daseinanalytic understanding of language, the art of conversation, and the formalities of beginning analysis. What happens when the daseinanalytic approach is taken will be compared with medical and psychiatric intervention (including pharmacotherapy) and the several cognitive-behavioral techniques (e.g., behavior modification, REBT, CBT, and other methods) currently in vogue. An analytic hour will be conducted and then discussed.

**Bibliography**

TBA

*D. "Thomas Szasz and Daseinanalysis"*

This seminar will look at the relevance of the contribution of Thomas Szasz to daseinanalysis as praxis.

**Bibliography**

Jeffrey A. Schaler (ed.), *Szasz under Fire*, Chicago: Open Court, 2004 ("Autobiographical Sketch," 1-28;

"Bibliography" [1947-2004], 403-430)

Thomas Szasz, *The Myth of Mental Illness. Foundations of a Theory of Personal Conduct* [1961] (rev. ed., 2010), New York: Harper Perennial, 2010.

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Thomas Szasz, *The Myth of Psychotherapy. Mental Healing as Religion, Rhetoric and Repression*, Garden City: Doubleday, 1978.

Thomas Szasz, *The Untamed Tongue. A Dissenting Dictionary*, LaSalle: Open Court, 1990.

Thomas Szasz, *The Meaning of Mind. Language, Morality and Neuroscience*, Westport: Praeger, 1996.

Thomas Szasz, *The Medicalization of Everyday Life*, Syracuse: Syracuse University Press, 2007.

#### *E. "R.D. Laing and Daseinanalysis"*

This seminar will consider the relevance of the work of R.D. Laing to daseinanalysis as praxis.

#### **Bibliography**

R.D. Laing, *The Divided Self. An Existential Study in Sanity and Madness*, London: Tavistock, 1960.

R.D. Laing, *The Self and Others. Further Studies in Sanity and Madness*, New York: Pantheon, 1961.

R.D. Laing, *The Politics of Experience and The Bird of Paradise*, New York: Penguin Books, 1967.

R.D. Laing, *The Politics of the Family and Other Essays*, New York: Pantheon, 1969.

R.D. Laing, *Wisdom, Madness, and Folly. The Making of a Psychiatrist*, New York: McGraw-Hill, 1985.

#### *F. "Jan Hendrik van den Berg and Daseinanalysis"*

This seminar will consider the relevance of Jan van den Berg's metabletics for daseinanalysis as praxis.

#### **Bibliography**

Jan Hendrik van den Berg, "The Human Body and the Significance of Human Movement," in *Philosophy and Phenomenological Research* **13**, 1952, 159-183.

Jan Hendrik van den Berg, *The Changing Nature of Man: Introduction to a Historical Psychology*, New York: Norton, 1961.

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Jan Hendrik van den Berg, "What Is Psychotherapy?," in *Humanitas* 7, 1971, 321-359.

Jan Hendrik van den Berg, *Divided Existence and Complex Society: An Historical Approach*, Pittsburgh: Duquesne University Press, 1974.

### G. "Daseinanalysis and Eastern Thought"

Generally thought to have been inspired for the most part by the work of Martin Heidegger, the development of daseinanalysis by Medard Boss may also be considered to have been influenced by Boss's interest in Vedanta Hindu philosophy. This seminar will focus on the personality of Boss.

### Bibliography

Medard Boss, "Letters to Erna M. Hoch (1960)," in Erna M. Hoch, *Sources and Resources. A Western Psychiatrist's Search for Meaning in the Ancient Indian Scriptures*, Zürich: Rüegger, 1991, 251-253 [March 12, 1960], 263 and 281 [April 10, 1960], and 282 [May 22, 1960] ("Messenger between East and West").

Medard Boss, *A Psychiatrist Discovers India* [1959], London: Wolff, 1964.

Medard Boss, "Foreword" [1970] to Govind Kaul, *Govind Amrit*, Bombay: Prithwinath Niranjannath Pandit, 1975, 1-2.

Medard Boss, "After Thirty Years. Preface to *A Psychiatrist Journeys to India* (4<sup>th</sup> Edition)" [1987], in *Review of Existential Psychology and Psychiatry* 27(1-3), 2002-2003, 33-36.

### Proposed Lecture Offerings

In 2024, Charlotte Aigner of the Austrian Daseinsanalytic Institute initiated a series of presentations of a single seminar. Her topic was the therapeutic eros. Contributions by visiting faculty from other institutes for the coming academic year include one on *Gelassenheit* (composure) in daseinanalysis by Maria Korre of the Hellenic Daseinsanalytic Institute and one on Heidegger's essay on technology in the atomic age and its relation to daseinanalytic praxis by Fátima Prado of the Brazilian Daseinsanalytic Institute. Stephan Dietrich, also of the Austrian institute, has also expressed interest in directing a seminar for ADI.

## GENERAL BIBLIOGRAPHY

In addition to the books and papers already mentioned, other articles or chapters in books by Boss and Condrau as well as a significant number of articles published in English in the yearbook *Daseinsanalyse* are given in the following bibliography. Items cited "DA" refer to the volume number and year of publication of the article in *Daseinsanalyse*. It goes without saying that Martin Heidegger's *Sein und Zeit* is basic reading. It is now available in several translations, including the annotated paraphrase being published by Thomas Sheehan (see especially Sheehan [2025], below).

Martin Adams, "Human Development from an Existential Phenomenological Perspective." DA 30/2014

Medard Boss, "Mechanistic and Holistic Thinking in Modern Medicine," in *American Journal of Psychoanalysis* 14(1), 1954, 48-54.

Medard Boss, "Moreno's 'Existentialism, Daseinanalyse and Psychodrama': A Discussion," *International Journal of Sociometry and Sociatry* 1, 1956, 111-113.

Medard Boss, "'Daseinsanalysis' and Psychotherapy," in J. Masserman and J.L. Moreno (eds.), *Progress in Psychotherapy. Volume II. Anxiety and Therapy*, New York: Grune and Stratton, 1957, 156-161. Reprinted in H. Ruitenbeek (ed.) *Psychoanalysis and Existential Philosophy*, New York: Dutton, 1962, 81-89.

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Medard Boss, "Ego? Motivation?" in *Journal of Existentialism* 1(3), 1960, 275-283. Reprinted as "The Ego? Human Motivation?" in *Acta Psychologica* 19, 1961, 217-222.

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Medard Boss, "What Makes Us Behave at All Socially?," in *Review of Existential Psychology and Psychiatry* 4(1), 1964, 53-68.

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Medard Boss, "Introduction" to Carlos Alberto Seguin, *Love and Psychotherapy. The Psychotherapeutic Eros*, New York: Libra, 1965, v-xiv.

Medard Boss, "Medard Boss" [1973], in *Existential Analysis* 30(1), 2019, 169-198.

Medard Boss, *Existential Foundations of Medicine and Psychology* [1971], New York: Jason Aronson, 1979 (based on the 2<sup>nd</sup> exp. ed., 1975).

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Medard Boss, "Flight from Death—Mere Survival; and Flight into Death—Suicide," in B. Wolman (ed.), *Between Survival and Suicide*, New York: Gardner Press, 1976, 1-24.

Medard Boss, "Dreaming and the Dreamed in the Daseinsanalytic Way of Seeing" [1976], *Soundings* 60(3), 1977, 235-263.

Medard Boss, "Existential Analysis (*Daseinsanalyse*)," in B. Wolman (ed.), *International Encyclopedia of Psychiatry, Psychology, Psychoanalysis and Neurology*, New York: Aesculapius, 1977, 395-400.

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Ida Elizabeth Cardinelli, "Daseinsanalysis and Brief Therapy." DA 35/2019

Vincenzo Caretti, *Dialogues on Madness and Wisdom. In Conversation with R.D. Laing* (Danil ) London: SEA Press, 2022.

Kriton, Christianopoulos, "Five Proposals of Ancient Chinese Thought for Possible Use in Phenomenology / Existential Psychoanalysis." DA 29/2013

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Gion Condrau, *Martin Heidegger's Impact on Psychotherapy* [1998], 2<sup>nd</sup> rev. ed. (Danilo Serra, tr.; Miles Groth, ed.), London: Free Association Books, 2021.

David Cytrynowicz, "Origin and Legacy of Brazilian Daseinsanalysis." DA 35/2019

David Cytrynowicz, "My Path in Daseinsanalysis and Reflections on Clinical Practice." DA 40/2024

Maria Beatriz Cytrynowicz, "Childhood." DA 21/2005

Maria Beatriz Cytrynowicz, "Daseinsanalysis with Children." DA 24/2008

Maria Beatriz Cytrynowicz, "Daseinsanalysis Contemporaneity Regarding Children's Care." DA 35/2019

Ivo De Gennaro, "Husserl, Heidegger and Semiotics. A Reply to I.R. Owen." DA 16/2000

Stephan Dietrich, "Exposed Ek-sistence: The Body of Da-sein and Its Being-outside-itself. Psychosomatic Consideration." DA 40/2024

Todd DuBose, "Having Nothing to Lose. Dasein Suicide and the Lethal and Liberating Possibilities of "not wanting to be worthwhile" in Children and Adolescents." DA 26/2010

Todd DuBose, "Where the Crooked Are Made Straight: "Being-with" the Fated Hope of Escaping Facticity." DA 29/2013

Tamás, Fazekas, "The Unfolding of Existential Co-being in the First Years of Life: Shaping the Future of Being-with." DA 26/2010

Tamás Fazekas, "Therapy of the Other: Philosophical Foundation of Intercultural Psychotherapy." DA 39/2023

István Fehér, "Heidegger's Development up to Being and Time: The Concept of Being-in-the-World and the Distinction between Authenticity and Inauthenticity." DA 29/2013

Hans-Dieter Foerster, "Being-human is Only Accessible to Philosophy and of Importance for Psychotherapeutic Practice. Examples." DA 29/2013

Hans-Dieter Foerster, "Breakthrough to the Essential from the Daseinsanalytic Perspective." DA 32/2016

Hans-Dieter Foerster, "Treatment of a Borderline Disorder from the Perspective of Daseinsanalysis with an Example from Practice." DA 35/2019

Carlos Eduardo Carvalho Freire, "What We Concretely Do as Psychotherapists." DA 29/2013

Carlos Eduardo Carvalho Freire, "A Question to Medard Boss." DA 35/2019

Valeria Gamper, "From Ontic Phenomena to the Real Nature of Things. A Challenge for Psychotherapy." DA 26/2010

Thanasis Georgas, "Existential Psychotherapy: Taking the Lead from Sophocles' Oedipus." DA 26/2010

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João Augusto Pompéia, "Emotional Aspects in the Daseinsanalytic Therapy." DA 29/2013

Katerina Pouloupoulou, "Psychotherapy in the Footsteps of Homer's Ulysses." DA 26/2010

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Maria de Fátima de Almeida Prado, "Essay on Miles Groth: Medard Boss and the Promise of Dasein Analysis." DA 36/2020

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Johannes Vorlauffer, "'Hopefully you were in a fruitful wakefulness for the 'dreams' during the holidays'." DA 38/2022

Aleš Wotruba and Šarka Wotruba, "Dasein or Design?" DA26/2010

Aleš Wotruba and Šarka Wotruba. "Integration of Dreams of Refugees and of a Secondo." DA 27/2011

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